

# XXVI Półmaraton Kurpiowski IV Kurpiowska Dziesiątka



Organizator: Miasto Ostrołęka - Miejski Zarząd Obiektów Sportowo-Turystycznych i Infrastruktury Technicznej

Data: 18.09.2022

Dystans: XXVI Półmaraton Kurpiowski

Miejscowość: Ostrołęka

| Msc. | Nr start. | Nazwisko Imię               | Team                                 | Płeć | Kat | Msc Kat | 6km      | 13km     | 17km     | Wynik netto |
|------|-----------|-----------------------------|--------------------------------------|------|-----|---------|----------|----------|----------|-------------|
| 1    | 13        | Dąbrowski Przemysław        | Dąbrowski Team I                     | M    | M30 | 1       | 00:21:18 | 00:38:45 | 00:56:20 | 01:06:34    |
| 2    | 111       | Świerdzewski Damian         | Następny Krok Team                   | M    | M20 | 1       | 00:21:22 | 00:39:05 | 00:57:01 | 01:07:37    |
| 3    | 103       | Stokowski Marcin            | Dąbrowski Team II                    | M    | M20 | 2       | 00:22:34 | 00:41:56 | 01:01:43 | 01:13:38    |
| 4    | 128       | MAKOWSKI MICHAŁ             | Mazovia ProActive Ciechanów          | M    | M30 | 2       | 00:23:20 | 00:43:14 | 01:03:44 | 01:15:30    |
| 5    | 66        | Mateusiak Radosław          | Dąbrowski Team II                    | M    | M20 | 3       | 00:23:31 | 00:43:12 | 01:03:43 | 01:15:59    |
| 6    | 44        | Kaliński Przemysław         | Biegaj z Ursusem                     | M    | M40 | 1       | 00:24:28 | 00:44:46 | 01:05:13 | 01:17:07    |
| 7    | 80        | Pego Fernandez Alberto      |                                      | M    | M30 | 3       | 00:24:58 | 00:45:34 | 01:06:09 | 01:18:01    |
| 8    | 3         | Ambroziak Marcin Ambroziak  | Dąbrowski Team I                     | M    | M30 | 4       | 00:24:43 | 00:45:21 | 01:06:11 | 01:18:17    |
| 9    | 34        | Gołaszewski Łukasz          | Dark Side Ostrołęka                  | M    | M40 | 2       | 00:25:35 | 00:46:54 | 01:08:35 | 01:21:18    |
| 10   | 60        | Liśkiewicz Roman            | GF ACER                              | M    | M50 | 1       | 00:25:58 | 00:47:58 | 01:09:51 | 01:22:18    |
| 11   | 38        | Gurzęda Ryszard             | Triunlimited Ostrołęka               | M    | M30 | 5       | 00:27:03 | 00:49:00 | 01:10:39 | 01:22:47    |
| 12   | 107       | Syczew Rafał                | Dąbrowski Team I                     | M    | M30 | 6       | 00:27:04 | 00:49:01 | 01:10:39 | 01:22:50    |
| 13   | 67        | Mąka Sławomir               | Księgowi WGM Ostrołęka               | M    | M50 | 2       | 00:26:45 | 00:48:43 | 01:11:25 | 01:24:56    |
| 14   | 119       | Wrzosek Krzysztof           | Dąbrowski Team II                    | M    | M40 | 3       | 00:27:52 | 00:50:38 | 01:13:04 | 01:25:29    |
| 15   | 91        | Regulski Dariusz            | RUMET Ostrołęka                      | M    | M50 | 3       | 00:27:24 | 00:50:21 | 01:10:34 | 01:25:49    |
| 16   | 35        | Graczyk Karolina            | Dąbrowski Team II                    | K    | K30 | 1       | 00:27:09 | 00:49:42 | 01:12:26 | 01:25:58    |
| 17   | 47        | Kielak Artur                | Triathletes Performance / Melvit Run | M    | M20 | 4       | 00:27:40 | 00:50:39 | 01:13:24 | 01:26:19    |
| 18   | 10        | Borkowski Arek              | Następny Krok Team                   | M    | M20 | 5       |          |          |          | 01:26:56    |
| 19   | 131       | BUDZIŁEK MARTYNA            | UKS 7 OSTOŁĘKA                       | K    | K20 | 1       | 00:27:24 | 00:50:48 | 01:13:32 | 01:27:01    |
| 20   | 104       | Stolarczyk Tomasz           | Biegam Bo Lubię Ostrołęka            | M    | M40 | 4       | 00:27:54 | 00:51:08 | 01:14:12 | 01:27:17    |
| 21   | 4         | Bałulis Rajmund             | Dąbrowski Team I                     | M    | M30 | 7       | 00:27:48 | 00:50:29 | 01:13:54 | 01:27:38    |
| 22   | 59        | Lenkiewicz Weronika         | Dark Side Ostrołęka                  | K    | K30 | 2       | 00:27:25 | 00:50:23 | 01:13:43 | 01:27:44    |
| 23   | 16        | Burzyński Grzegorz          |                                      | M    | M30 | 8       | 00:28:11 | 00:51:42 | 01:15:06 | 01:28:09    |
| 24   | 115       | Walczak Sylwia Walczak      | KS Prefbet-Sonarol                   | K    | K30 | 3       | 00:27:52 | 00:51:13 | 01:14:57 | 01:28:15    |
| 25   | 29        | Duda Paulina                | Dąbrowski Team I                     | K    | K30 | 4       | 00:27:56 | 00:51:22 | 01:14:56 | 01:28:24    |
| 26   | 108       | Szczubetek-Rykowska Ewelina | Dark Side Ostrołęka                  | K    | K30 | 5       | 00:27:54 | 00:51:21 | 01:11:34 | 01:28:54    |
| 27   | 102       | Staśkiewicz Jakub           | Dąbrowski Team II                    | M    | M20 | 6       | 00:28:28 | 00:52:05 | 01:15:39 | 01:29:06    |
| 28   | 118       | Wilkowski Mirosław          | Decathlon Agro-Metal                 | M    | M50 | 4       | 00:27:54 | 00:51:38 | 01:15:45 | 01:30:09    |
| 29   | 55        | KUCIEJCZYK HENRYK           | Tempo Mława                          | M    | M60 | 1       | 00:28:58 | 00:53:04 | 01:17:04 | 01:30:33    |
| 30   | 49        | Kolimaga Kamil              |                                      | M    | M30 | 9       | 00:29:15 | 00:53:04 | 01:17:04 | 01:30:39    |

|    |     |                              |                                  |   |     |    |          |          |          |          |
|----|-----|------------------------------|----------------------------------|---|-----|----|----------|----------|----------|----------|
| 31 | 32  | Gaczkowski Grzegorz          |                                  | M | M40 | 5  | 00:28:05 | 00:52:27 | 01:16:50 | 01:31:27 |
| 32 | 125 | Zyśk Arkadiusz               | KS ARCO Ławy                     | M | M40 | 6  | 00:29:06 | 00:53:35 | 01:18:04 | 01:31:44 |
| 33 | 11  | Broniek Wojciech             |                                  | M | M50 | 5  | 00:29:13 | 00:53:47 | 01:18:10 | 01:31:53 |
| 34 | 40  | Jędrzejczyk Jarosław         | Run Crew Ostrołęka               | M | M40 | 7  | 00:30:11 | 00:54:51 | 01:19:18 | 01:33:04 |
| 35 | 65  | Madrak Jarosław              |                                  | M | M40 | 8  | 00:29:01 | 00:54:03 | 01:19:18 | 01:33:54 |
| 36 | 114 | Tworowski Mariusz            | Drużyna Miasta Ostrołęki         | M | M40 | 9  | 00:30:23 | 00:55:07 | 01:19:58 | 01:34:23 |
| 37 | 68  | Merchel Mirosław             | KS ARCO Ławy                     | M | M40 | 10 | 00:30:42 | 00:55:40 | 01:20:36 | 01:34:37 |
| 38 | 42  | Kaczkowski Miłosz            | Dąbrowski Team I                 | M | M20 | 7  | 00:27:43 | 00:51:57 | 01:20:21 | 01:35:37 |
| 39 | 50  | Kordowska Alicja             |                                  | K | K30 | 6  | 00:28:57 | 00:54:09 | 01:20:31 | 01:36:03 |
| 40 | 69  | Mokrzewski Wojciech          |                                  | M | M50 | 6  | 00:30:20 | 00:55:43 | 01:21:06 | 01:36:18 |
| 41 | 81  | Peszko Rafał                 | Dąbrowski Team II                | M | M20 | 8  | 00:29:00 | 00:54:22 | 01:21:03 | 01:36:44 |
| 42 | 99  | Skłodowski Henryk            | Roch Jasienica                   | M | M50 | 7  | 00:31:03 | 00:57:08 | 01:22:24 | 01:36:47 |
| 43 | 6   | Bielenica Beata              | Bbl                              | K | K40 | 1  | 00:29:49 | 00:55:22 | 01:21:27 | 01:36:55 |
| 44 | 129 | PIASTEK PIOTR                | Triunlimited Ostrołęka           | M | M50 | 8  | 00:31:27 | 00:57:18 | 01:22:44 | 01:37:11 |
| 45 | 122 | Zalewski Michał              | STARGLOSS TEAM Ostrołęka         | M | M40 | 11 | 00:30:59 | 00:56:51 | 01:22:56 | 01:38:16 |
| 46 | 97  | Sielecki Michał              | Ostrów Biega                     | M | M40 | 12 | 00:31:03 | 00:57:12 | 01:23:18 | 01:38:44 |
| 47 | 124 | Zyskowski Artur              | Biegam Bo Lubię Ostrołęka        | M | M40 | 13 | 00:31:41 | 00:57:55 | 01:23:45 | 01:38:47 |
| 48 | 61  | LUBIŃSKA ANETA               | Mazovia ProActive Ciechanów      | K | K40 | 2  | 00:31:38 | 00:57:51 | 01:24:22 | 01:39:47 |
| 49 | 120 | WUDARCZYK Tomasz             | Mazovia ProActive Ciechanów      | M | M60 | 2  | 00:31:38 | 00:57:51 | 01:24:22 | 01:39:47 |
| 50 | 88  | Ptak Damian                  | WIOŚ Łomża                       | M | M30 | 10 | 00:31:05 | 00:57:28 | 01:17:41 | 01:40:13 |
| 51 | 8   | Boguski Rafał                |                                  | M | M40 | 14 | 00:32:13 | 00:59:13 | 01:25:37 | 01:40:33 |
| 52 | 37  | Gumkowski Karol              |                                  | M | M30 | 11 | 00:30:19 | 00:55:51 | 01:24:48 | 01:41:22 |
| 53 | 48  | KLIMCZAK ROBERT              | Jednorożec Robi Co Może          | M | M50 | 9  | 00:31:33 | 00:59:05 | 01:25:37 | 01:41:31 |
| 54 | 39  | Gutowski Krystian            | Dąbrowski Team I                 | M | M40 | 15 | 00:31:37 | 00:59:04 | 01:26:31 | 01:42:15 |
| 55 | 73  | Nowaczyk Włodzimierz         |                                  | M | M30 | 12 | 00:33:13 | 01:00:28 | 01:27:13 | 01:42:52 |
| 56 | 14  | Bukowski Michał              | Dark Side Ostrołęka              | M | M40 | 16 | 00:31:38 | 00:59:16 | 01:27:01 | 01:43:03 |
| 57 | 9   | Borczak Dariusz              | Jednorożec Robi Co Może          | M | M40 | 17 | 00:31:37 | 00:58:35 | 01:26:03 | 01:43:15 |
| 58 | 89  | Puławska Joanna              | Biegam Bo Lubię Ostrołęka        | K | K30 | 7  | 00:33:00 | 01:00:31 | 01:27:59 | 01:43:36 |
| 59 | 76  | Pakuła Czarek                | Dark Side Ostrołęka              | M | M40 | 18 | 00:32:26 | 01:00:20 | 01:27:54 | 01:43:37 |
| 60 | 23  | Chorążewicz Eugeniusz        |                                  | M | M50 | 10 | 00:31:49 | 00:59:24 | 01:27:28 | 01:43:47 |
| 61 | 123 | Zieliński Łukasz             | Biegam Bo Lubię Ostrołęka        | M | M30 | 13 | 00:33:31 | 01:01:10 | 01:28:23 | 01:44:18 |
| 62 | 132 | STOLARCZYK EWA               | Biegam Bo Lubię Ostrołęka        | K | K40 | 3  | 00:32:36 | 01:00:28 | 01:28:11 | 01:44:25 |
| 63 | 53  | Kruczyński Janusz            | Biegamy dla zdrowia              | M | M60 | 3  | 00:32:36 | 01:00:30 | 01:28:37 | 01:44:40 |
| 64 | 95  | RYPINA-GAŁĄZKA DOROTA        | Biegam Bo Lubię Ostrołęka        | K | K50 | 1  | 00:33:22 | 01:01:11 | 01:29:18 | 01:46:05 |
| 65 | 30  | Dulewicz Daniel              |                                  | M | M20 | 9  | 00:36:05 | 01:04:14 | 01:30:33 | 01:46:40 |
| 66 | 100 | Sójka Paweł                  |                                  | M | M60 | 4  | 00:34:03 | 01:02:23 | 01:30:58 | 01:47:39 |
| 67 | 57  | Kuczyński Łukasz             | Ostrów Biega                     | M | M30 | 14 | 00:34:33 | 01:03:16 | 01:31:10 | 01:47:55 |
| 68 | 126 | GIŻA ROBERT                  |                                  | M | M40 | 19 | 00:31:01 | 00:59:04 | 01:29:28 | 01:48:17 |
| 69 | 354 | Ostrowska Angelika Ostrowska | Lelis                            | K | K30 | 8  | 00:33:02 | 01:01:36 | 01:31:09 | 01:48:36 |
| 70 | 52  | Krawczyk Katarzyna           | A+K                              | K | K40 | 4  |          |          |          | 01:48:44 |
| 71 | 46  | KASICA ADAM                  | A+K                              | M | M40 | 20 |          |          |          | 01:48:45 |
| 72 | 26  | Długołęcki Hubert            |                                  | M | M30 | 15 | 00:33:53 | 01:03:05 | 01:32:32 | 01:49:01 |
| 73 | 86  | Popsuj Piotr                 |                                  | M | M30 | 16 | 00:36:11 | 01:05:17 | 01:25:30 | 01:49:17 |
| 74 | 56  | Kucisz Piotr                 |                                  | M | M40 | 21 | 00:34:20 | 01:03:03 | 01:32:46 | 01:50:00 |
| 75 | 98  | Sierzputowski Artur          | AS-AB                            | M | M40 | 22 | 00:36:21 | 01:06:11 | 01:26:24 | 01:51:12 |
| 76 | 75  | Opęchowski Daniel            | Ostrołęcki Klub Karate Kyokushin | M | M30 | 17 | 00:35:43 | 01:06:21 | 01:26:34 | 01:52:14 |

# XXVI Półmaraton Kurpiowski IV Kurpiowska Dziesiątka



Organizator: Miasto Ostrołęka - Miejski Zarząd Obiektów Sportowo-Turystycznych i Infrastruktury Technicznej

Data: 18.09.2022

Dystans: XXVI Półmaraton Kurpiowski

Miejscowość: Ostrołęka

| Msc. | Nr start. | Nazwisko Imię                 | Team                              | Płeć | Kat | Msc Kat | 6km      | 13km     | 17km     | Wynik netto |
|------|-----------|-------------------------------|-----------------------------------|------|-----|---------|----------|----------|----------|-------------|
| 77   | 18        | Chojnowska Natalia            | Biegam Bo Lubię Ostrołęka         | K    | K30 | 9       | 00:36:23 | 01:06:10 | 01:26:23 | 01:53:12    |
| 78   | 21        | Chojnowski Miłosz             | Biegam Bo Lubię Ostrołęka         | M    | M30 | 18      | 00:36:24 | 01:06:11 | 01:26:24 | 01:53:16    |
| 79   | 105       | Sulewski Maciej               | Biegam Bo Lubię Ostrołęka         | M    | M40 | 23      | 00:36:23 | 01:06:09 | 01:26:22 | 01:53:16    |
| 80   | 70        | Moszczyński Rafał             |                                   | M    | M20 | 10      | 00:37:33 | 01:08:14 | 01:28:27 | 01:53:28    |
| 81   | 113       | Tworowska Małgorzata          |                                   | K    | K30 | 10      | 00:35:57 | 01:06:01 | 01:26:14 | 01:53:30    |
| 82   | 27        | Downar Mateusz                | PiroFolie                         | M    | M30 | 19      | 00:36:26 | 01:07:13 | 01:27:26 | 01:54:03    |
| 83   | 96        | Rzepnicki Marcin              | patoholics                        | M    | M20 | 11      | 00:36:26 | 01:07:13 | 01:27:26 | 01:54:03    |
| 84   | 109       | Szurnicki Robert              | Szurateam                         | M    | M50 | 11      | 00:37:16 | 01:08:12 | 01:28:25 | 01:54:46    |
| 85   | 20        | Chojnowski Przemysław         |                                   | M    | M40 | 24      | 00:37:26 | 01:07:58 | 01:28:11 | 01:54:54    |
| 86   | 84        | POCHMARA PATRYCJA             |                                   | K    | K20 | 2       | 00:37:19 | 01:08:01 | 01:28:14 | 01:55:12    |
| 87   | 64        | Maciejewski Paweł             | Biegam Bo Lubię Ostrołęka         | M    | M50 | 12      | 00:37:59 | 01:09:19 | 01:29:32 | 01:57:32    |
| 88   | 87        | Prosińska Magdalena           |                                   | K    | K30 | 11      | 00:34:23 | 01:05:14 | 01:25:27 | 01:58:33    |
| 89   | 31        | Florczyk Janusz               |                                   | M    | M40 | 25      | 00:38:21 | 01:08:57 | 01:29:10 | 01:58:45    |
| 90   | 92        | Rogiński Rafał                |                                   | M    | M50 | 13      | 00:36:50 | 01:08:12 | 01:28:25 | 01:58:48    |
| 91   | 12        | Bujnicki Kazimierz            | Procter & Gamble Team             | M    | M50 | 14      | 00:37:52 | 01:09:16 | 01:29:29 | 01:59:29    |
| 92   | 78        | Pawłowski Bartosz             |                                   | M    | M20 | 12      | 00:36:06 | 01:07:31 | 01:27:44 | 02:00:17    |
| 93   | 133       | STOLARCZYK LESZEK             | Biegam Bo Lubię Ostrołęka         | M    | M40 | 26      | 00:37:09 | 01:09:18 | 01:29:31 | 02:01:05    |
| 94   | 90        | Puławski Bogusław             |                                   | M    | M50 | 15      | 00:40:17 | 01:12:37 | 01:32:50 | 02:01:19    |
| 95   | 127       | BĘDŹKOWSKI MACIEK             | Dark Side Ostrołęka               | M    | M50 | 16      | 00:37:59 | 01:10:12 | 01:30:25 | 02:01:22    |
| 96   | 5         | Białobrzewski Witold          | BBL Kurpie Ostrołęka              | M    | M60 | 5       | 00:38:51 | 01:10:48 | 01:31:01 | 02:02:07    |
| 97   | 110       | Szymczyk Norbert              |                                   | M    | M30 | 20      | 00:36:13 | 01:08:43 | 01:28:56 | 02:02:43    |
| 98   | 17        | Chalamoński Tomasz            | Kurpiowskie Centrum Weterynaryjne | M    | M40 | 27      | 00:39:21 | 01:11:51 | 01:32:04 | 02:04:54    |
| 99   | 71        | Murach Agnieszka              |                                   | K    | K50 | 2       | 00:39:22 | 01:12:19 | 01:32:32 | 02:04:54    |
| 100  | 85        | Podolak Joanna                | Biegam Bo Lubię Ostrołęka         | K    | K40 | 5       | 00:38:02 | 01:11:45 | 01:31:58 | 02:04:55    |
| 101  | 302       | Balazy Agnieszka              | Biegam Bo Lubię Ostrołęka         | K    | K40 | 6       | 00:38:03 | 01:11:45 | 01:31:58 | 02:05:14    |
| 102  | 117       | Wiktorska Mariola             | Jednorożec Robi Co Może           | K    | K50 | 3       | 00:38:05 | 01:12:02 | 01:32:15 | 02:05:58    |
| 103  | 116       | Wasilewski Marcin             | Luźne Gatki                       | M    | M40 | 28      | 00:39:32 | 01:12:24 | 01:32:37 | 02:06:03    |
| 104  | 33        | Garbulewska Anna              | Run Crew Ostrołęka                | K    | K40 | 7       | 00:40:05 | 01:13:45 | 01:33:58 | 02:07:15    |
| 105  | 58        | Kwapisz - Cichowska Katarzyna | Urząd Miasta Ostrołęka            | K    | K40 | 8       | 00:39:45 | 01:13:23 | 01:33:36 | 02:07:46    |
| 106  | 77        | Pawłowski Jacek               |                                   | M    | M40 | 29      | 00:38:47 | 01:11:37 | 01:31:50 | 02:08:01    |

|     |    |                      |                     |   |     |    |          |          |          |          |
|-----|----|----------------------|---------------------|---|-----|----|----------|----------|----------|----------|
| 107 | 19 | Chojnowska Ania      | Biegamy dla zdrowia | K | K50 | 4  | 00:40:11 | 01:13:40 | 01:33:53 | 02:08:14 |
| 108 | 94 | Roszkiewicz Dominik  | BOGUSZE             | M | M40 | 30 | 00:42:44 | 01:19:28 | 01:39:41 | 02:19:59 |
| 109 | 93 | Roszkiewicz Elżbieta | BOGUSZE             | K | K40 | 9  | 00:42:45 | 01:19:29 | 01:39:42 | 02:20:00 |
| 110 | 62 | Łukowska Ewa         |                     | K | K50 | 5  | 00:41:34 | 01:18:04 | 01:38:17 | 02:25:16 |
| 111 | 63 | Maciak Sylwester     | CrossBoxOka         | M | M40 | 31 |          |          |          | 02:26:55 |
| 112 | 74 | Olszewska Magdalena  |                     | K | K20 | 3  | 00:44:00 | 01:23:43 | 01:43:56 | 02:27:42 |
| 113 | 51 | Korzeniecka Beata    | Kurpie na Luzie     | K | K50 | 6  | 00:44:02 | 01:23:45 | 01:43:58 | 02:27:44 |
| 114 | 24 | Dąbrowska Patrycja   |                     | K | K30 | 12 | 00:46:22 |          |          | 02:34:01 |
| 115 | 83 | PIOTROWSKI ZDZISŁAW  |                     | M | M60 | 6  | 00:44:02 | 01:23:25 | 01:43:38 | 02:34:07 |